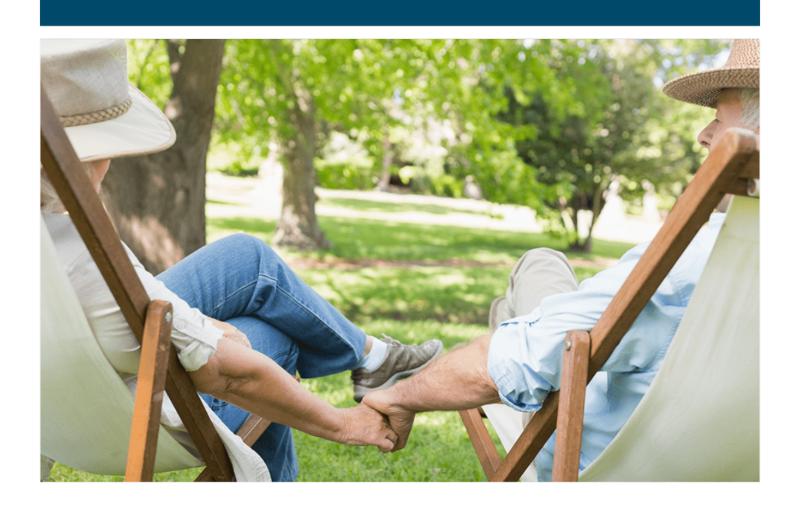


# LIVE THE LIFE YOU SO RICHLY DESERVE.



# A NEW WAY To FEEL MORE AT HOME.

In many ways, life at Washington Pointe Las Colinas is just what you would imagine. Spacious apartments. A caring staff. The convenient Irving location. But it only takes a slightly deeper look to discover that it offers all those things and so much more.

Washington Pointe Las Colinas is operated by Bridge Senior Living, which means we go beyond the expected. We strive to care more. To innovate more. To inspire more. All to help you create a lifestyle that is as abundant and fulfilling as you dare to dream.







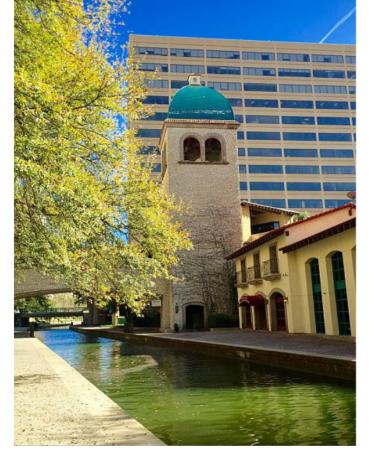
# THE SPACIOUS BEAUTY OF NORTH DALLAS INSIDE AND OUT.



Washington Pointe is an Independent Living,
Assisted Living and Memory Care community
nestled in the Las Colinas neighborhood in
North Dallas, just minutes from the Dallas/
Forth Worth International Airport. Such a
convenient location means you're never far
from whatever you need. Pharmacies, doctors'
offices, retail, restaurants, and hospitals are all
just a short distance away.



1295 Kinwest Pkwy. Irving, TX 75063 (469) 599-5212





IMAGES OF IRVING, TX SURROUNDING AREA



# A SANCTUARY FOR EVERY SEASON.

On the journey of life, we sometimes get to choose our paths, and sometimes we encounter unexpected detours.

As a Bridge Senior Living community,
Washington Pointe Las Colinas helps create
a stimulating, comfortable environment for
all our residents. With Independent Living,
Assisted Living, and Memory Care options,
along with round-the-clock expert health
services and support, life here always fosters
a sense of serenity, safety, and satisfaction.





#### THE VILLAS INDEPENDENT LIVING

#### Home is where the heart is and the hard work isn't.

Whether you call it maintenance-free, worryfree, or stress-free, the key word in all those descriptions is "free." Because that's what The Villas Independent Living at Washington Pointe is all about — giving you freedom and responsibility of house ownership without sacrificing space in one of our large villa apartments.

A few features of Independent Living at Washington Pointe Las Colinas include:

- Let us do the cooking with a meal included everyday
- Weekly and thorough housekeeping
- Community activities, events, and programs that are yours for the enjoying
- Maintenance-free living
- Lawn maintenance



All Independent Living residences come in the form of 2-bedroom/2-bath villas that include an attached garage. Private and spacious, they feature plenty of room for friends and family to gather.

#### All villas include:

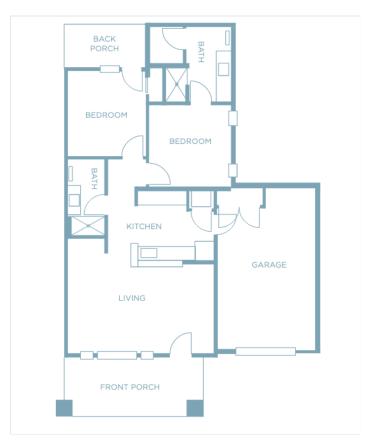
- Individual thermostat controls
- Modern kitchens with appliances
- Landscape maintenance
- Trash service
- Pest control
- No property taxes
- · Washers and dryers in each apartment

If you think moving in means leaving your furry loved one behind, it doesn't. All apartments at Washington Pointe are pet-friendly.



#### Villa

1,080 sq. ft. - 2 Bedroom / 2 Bath







Your desire to stay active can still be fulfilled, thanks to the expert care of Washington Pointe Las Colinas' friendly professionals.

#### **ASSISTED LIVING**

#### A helping hand toward a happier life.

With the support of friends and family, aging successfully is rarely a solitary achievement. But sometimes, the need for more consistent help arises. Fortunately, your desire to stay active can still be fulfilled, thanks to the expert care of Washington Pointe Las Colinas' friendly professionals.

Naturally, help is available daily, so your security is ensured. We also feature an emergency response system, daily check-ins, and a medication management service so you never have to worry about what to take or when.

A few other common ways our associates assist with daily activities include:

- Assistance with bathing and dressing as needed
- Help getting in and out of bed
- Help getting to meals and other activities
- Additional assistance at mealtime if needed
- Discreet personal needs care whenever needed
- Medication management



For Assisted Living residents, we offer a single studio/1-bath and two 1-bedroom/1-bath floor plans. Like all of our apartments, they feature an open, contemporary design along with modern appliances.

#### All apartments include:

- Individual thermostat controls
- Modern kitchenettes
- · Laundry and housekeeping service
- Utilities (electricity and water)
- Community activities, events, and programs
- Trash service
- Pest control
- No property taxes

Of course, they're pet-friendly too.

\*Additional costs may apply.



#### The Laurel

440 sq. ft. — Studio/1 Bath





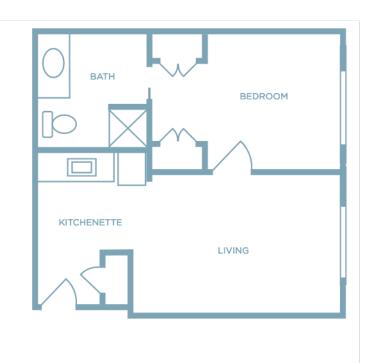
#### **The Cypress**

614 sq. ft. — 1 Bedroom/1 Bath



#### The Magnolia

651 sq. ft. — 1 Bedroom/1 Bath







#### LILAC TRACE MEMORY CARE

#### Making the most of every day.

If you have a loved one experiencing cognitive issues, it's encouraging to know there's a place like Washington Pointe Las Colinas. We believe every Memory Care resident has a story to tell, a story to cherish, and a story yet to be written. Our Memory Care apartments exist in a neighborhood of our community we call Lilac Trace. This neighborhood is specially designed to offer holistic support that celebrates each resident's individual story — ensuring that every moment is another opportunity for them to live their best life possible.

#### Some features of our Memory Care living include:

- Constant on-site support of trained staff
- Nutrition management
- Help to alleviate wandering, pacing, anxiety and paranoia, including problem-solving interventions
- Emotional support using proven techniques individualized for each resident
- Extra social and one-on-one time to ensure residents get the most out of their good days
- Family-centered consultation and involvement to help achieve consistently better outcomes





## Memory Care apartments are available in studio/1-bath and 2-bedroom/1-bath floor plans.

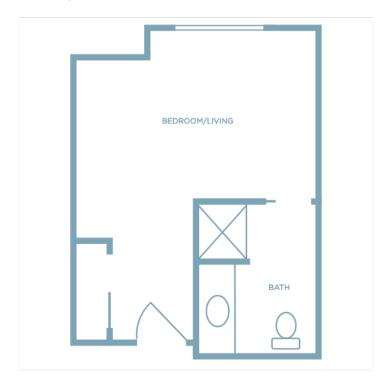
They are designed to facilitate the highest levels of safety and care.

#### All apartments include:

- Individual thermostat controls
- Utilities (electricity and water)
- Housekeeping
- Trash service
- Pest control
- No property taxes

#### The Hawthorne

348 sq. ft. - Studio/1 Bath



# The Dogwood 483 sq. ft. — 1 Bedroom/1 Bath BEDROOM LIVING ROOM



# IT'S WHAT'S ON THE INSIDE THAT COUNTS.

When you're considering a senior living community, there are certain "must-haves." A choice of spacious apartments. A compassionate staff. Inviting meals you can look forward to. Outstanding care whenever care is needed.

At Washington Pointe Las Colinas, we agree that these are, indeed, "must-haves." But as a Bridge Senior Living community, being great at those things is just the starting point, not the finish line. Because a great life demands more — much more — than simply being "good enough."



## A FEAST FOR THE BODY AND THE SOUL.





If food is the foundation of healthy living, mealtime may just be the foundation of a healthy community. After all, breaking bread with friends and family has been a principal way of building relationships, stirring the heart, and sharpening the mind throughout history.

At Washington Pointe Las Colinas, we take the joy of mealtime seriously. Our dining services feature restaurant-quality, chef-prepared meals.

You'll always find something that reminds you of the best home cooking you've ever had, as well as options that may open new culinary doors. Of course, whatever you prefer, every meal will be delicious, nutritious, and customizable to your dietary needs.



Grow as a person, build stronger relationships, deepen your spirituality, expand your knowledge, and live with purpose.

## ALL IT TAKES IS A SINGLE SPARK.

Will you find outstanding amenities at Washington Pointe Las Colinas? Of course. How about activities? More than space here will allow us to describe. But before we talk about those, let's talk about this: Discover Your Spark.

Discover Your Spark was developed by Bridge Senior Living to help our residents rekindle old hobbies and ignite new passions — to understand what styles and types of activities they enjoy the most and then suggest new avenues of exploring those passions from all angles. So you not only stay active, but you also grow as a person, build stronger relationships, deepen your spirituality, expand your knowledge, and live with purpose.

Our residents truly love Discover Your Spark and we believe you will, too. We also think you'll love all the wonderful amenities and activities you'll find at Washington Pointe Las Colinas, including:

- Emergency response system
- Housekeeping, laundry, and maintenance
- Individually controlled thermostat
- Personalized care plans
- Restaurant-style, chef-prepared meals



- Engaging outings
- Diverse calendar of social, recreational, and educational programs
- On-site therapy and rehabilitation
- Lilac Trace our exclusive Memory Care-specific suite of programs and care initiative
- · Creative art studio
- Inviting outdoor spaces
- Heated indoor pool
- State-of-the-art fitness center
- Media room
- Library, office center, game and lounge areas
- Barbershop and beauty salon
- Transportation to off-site appointments and errands
- Pet-friendly



## MORE THAN A TOUCH OF USEFUL TECHNOLOGY.

While it may be great fun to reminisce about days gone by, few of us would care to return to using party-line telephones or adjusting rabbit ears on the ole television.

At Washington Pointe Las Colinas, we don't just welcome the march of technological progress – we join in the innovation parade.



#### **Bridge Senior Living App**

Washington Pointe Las Colinas is operated by Bridge Senior Living. So, naturally, we use the Bridge Senior Living App. Powered by LifeLoop, this app offers a central hub for residents, their families, friends, and staff to stay connected by sharing personalized activity schedules, photos, messages, and more.

#### Telehealth

The era of doctors making house calls is back — at least virtually. Not only do we offer technical support for your telehealth appointments, we even conduct appointments in the privacy of your room or apartment. It's convenient, safe, and thorough. Just what the doctor ordered.



#### BRIDGE SENIOR LIVING MAKES ALL THE DIFFERENCE.

**BRIDGE** Washington Pointe Las Colinas SENIOR is operated by Bridge Senior Living, recognized as one of LIVING the most innovative, senior

living community management companies in the United States.

Beyond developing forward-thinking initiatives, such as the Bridge Senior Living App and Discover Your Spark, Bridge Senior Living stands apart for its commitment to resident safety with the Bridge Safe program. Bridge Safe ensures that we have enhanced safety protocols in place to protect our residents and the resources to put those protocols into practice. From enhanced cleaning and guest screenings to daily check-ins, Bridge Safe helps keep Washington Pointe Las Colinas as happy a community as possible.



Bridge Senior Living continues to pursue improvements and innovations across all aspects of community life. We're proud to be part of their family and welcome the opportunity to tell you more about how Bridge makes life at Washington Pointe Las Colinas better every day.





## AN HONEST DISCUSSION ABOUT FINANCIAL MATTERS.

At Washington Pointe Las Colinas, we understand that the costs associated with moving into a senior living community are one of the main concerns for potential residents and their families.

Apartments at Washington Pointe Las Colinas start prices are inclusive of rent, meals, utilities, maintenance, and housekeeping. Plus, you don't have to pay any property or real estate taxes.

There are many options when it comes to financing a life at Washington Pointe Las Colinas, including retirement savings, proceeds from selling your existing house, selling stocks and securities, etc. The options aren't quite limitless, but they are numerous. So again, we invite you to contact one of our experts to discuss matters further. And it truly will be a discussion and not a sales call. We promise.









#### WHAT ELSE WOULD YOU LIKE TO KNOW?

Seriously, we'd really love to hear from you and help you learn even more about what makes Washington Pointe Las Colinas such a wonderful place. Yes, everyone here may be a bit biased, but we believe residents and staff alike would tell you that being a part of this community was the right decision for them.

Is it the right decision for you? That's not for us to say. After all, everyone's needs and situations are different. But you'll never know for sure unless you stop by and take a look around for yourself, which you are cordially invited to do.

To schedule your own visit at Washington Pointe Las Colinas, please call (469) 599-5212. We promise it will be a zero-pressure experience.

Take a tour, meet some residents, meet the staff, ask all the questions you like – even enjoy lunch if you time it right! Just give us a call and we'll make it happen.

To schedule a visit or for more information about Washington Pointe Las Colinas, call (469) 599-5212.

Washington Pointe Las Colinas 1295 Kinwest Pkwy. Irving, TX 75063

